CONTENTS

Pagi
INTRODUCTION4
HOW TO USE THE AUDIO
CHAPTER 1: CONCEPTS IN RHYTHM
CHAPTER 2: BASIC NOTE DURATIONS
CHAPTER 3: REST SYMBOLS 11
CHAPTER 4: EIGHTH NOTES AND EIGHTH RESTS 13
CHAPTER 5: SIMPLE TIME SIGNATURES 18
CHAPTER 6: 16TH NOTES22
CHAPTER 7: EXTENDED NOTES 25
CHAPTER 8: COMPOUND TIME SIGNATURES 29
CHAPTER 9: TRIPLETS34
CHAPTER 10: MORE SIMPLE TIME SIGNATURES 38
CHAPTER 11: SYNCOPATION43
CHAPTER 12: 16TH RESTS
CHAPTER 13: 32ND NOTES 51

CHAPTER 2: BASIC NOTE DURATIONS

The *duration* of a note (how long a note lasts compared to the length of a beat) is shown with the following symbols. These are known as *note values*.

The symbol that's used most often to represent a single beat is the one that we've already seen. It has a black *notehead* (the oval part) and a tail called a *stem*.

Basic Symbols

This is known as a *quarter note*. With four beats per measure, we'll have four quarter notes.





For a note that lasts twice as long, the notehead is hollow. This note is called a half note. It is worth two quarter notes.

Half Note



To show a note that lasts for four beats, the symbol you'll need is a stemless, hollow notehead. This

Whole Note

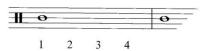


The whole note is the longest duration you'll commonly see. With four beginneasure.

Listen to the audio track and clap on the first beat of each measur measure and be sure to say the beat count out loud as you clar before the music begins.

Example 1







Let's recap. A whole note is sure to clap whenever a r music starts.

4. $\int = 60$ 11/40 ----

CHAPTER 9:

As we've seen, simple time signatures all have a basic beat that subdivides into two. In 4/4, for example, the quarter-note beat subdivides into two eighth notes. Those eighth notes can be subdivided further, into two 16th notes each.

Example 1





It is also possible to subdivide this quarter-note beat into three. This is where triplets come in. Triplets are groups of three notes played in the space of two.

Look at the following rhythm. In this example, the third beat in each measure contains three eighth notes, rather than two. Together, they equal the length of two standard eighth notes. The triplet eighth notes are grouped by a single beam, with an additional "3" to indicate the triplet.

The triplets are played evenly but usually with an accent on the first triplet eighth note of the group. Clap and cocare to say the beat counts on the third beat without rushing.

Example 2



Audio 09-02



We can also create quarter-note triplets, with three notes played in the in this next example take the place of two ordinary quarter notes. ' beat 4, so it makes more sense to count "three-and-a" right acrr

Clap them clearly and evenly. Listen out for the way the r count out loud as you clap. It might not feel very natur

Example 3



Audio 09-03





Audio 10-ex-09 to 10-ex-14

9. $\sigma = 60$







12. $\phi = 60$





13. a = 80







14. • = 140



CHAPTER 13: 32ND NOTES

There's one more subdivision to look at: the 32nd note. As you can imagine, this is half the duration of a 16th note.

32nd notes are drawn like 16th notes but with an additional flag.



When 32nd notes are beamed together, they have triple beams. They are grouped together like this to make them easier to read.



With eight 32nd notes to a quarter-note beat, there are 32 in a single measure of 4/4.

32nd rests are drawn just like 16th rests but with an additional flag.



Tapping 32nd Notes

To get a feel for 32nd notes, tap through the next exercise in the following way.

- At a slow tempo (the recording is at 40 bpm), tap even quarter notes in 4/4 with one fir
- After two measures, you'll need to tap eighth notes. Use the same single finger pon-beat eighth notes.
- After two measures of eighth notes, you're playing 16th notes, and if you all with the same finger. Remember to accent the on-beat 16th notes.
- · Finally, you'll need to bring the opposite hand into play for the

Tapping rhythms is a bit of a knack, but it's a useful tool; dry Focussing on which hand you're using for the different subfast notes reliably and confidently.

