

---

# **The Rudimental Cookbook**

## TABLE OF CONTENTS

Statement of Purpose .....	4
About the Composers .....	5
General Performance Notes .....	6
The Original Standard 26 American Drum Rudiments .....	8
The Percussive Arts Society International Drum Rudiments .....	10
Contemporary Hybrid Drum Rudiments .....	12
Supplemental Rudimental Technique Exercises .....	19
Legend .....	26

### **Easy Level Solos**

Hot Licks .....	27
Accentuate .....	28
5 + 2 = 7 .....	29
Straight Six Eight .....	30
Add A Pop .....	31
Single Strokin' .....	32
Para Flams .....	33
Crazy Eights .....	34
Diddles-R-Us .....	36

TABLE OF CONTENTS - CONT'D

**Medium Level Solos**

Seven And Six .....	38
Draggin' The Seven .....	40
Diddle City .....	42
Funky Fat .....	44
Legend Of A Two-Eyed Soldier .....	46
Five Against Two .....	48
Mean Man Matt .....	50
Shala' .....	52

**Advanced Level Solos**

Odyssey II .....	56
First .....	59
In-Pulse .....	62
Prattfalls .....	66
Method To My Madness .....	69
Hit-N-Run .....	72

**Extremely Advanced Level Solos**

Tuo Kaerf .....	77
And The Kitchen Sink .....	83
Percussive Arts Society Information .....	88

# THE ORIGINAL STANDARD 26 AMERICAN DRUM RUDIMENTS

1) The Long Roll



2) The Five Stroke Roll



3) The Seven Stroke Roll



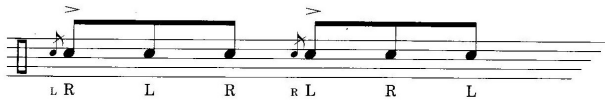
4) The Flam



5) The Flam Tap



6) The Flam Accent



7) The Flamacue



8) The Drag or Half Drag



9) The Single Drag or Single Drag Tap



10) The Double Drag or Double Drag Tap



11) The Single Paradiddle



12) The Double Paradiddle

13) The Flam F

14) T



**HICKEY'S  
MUSIC CENTER**

104 Adams Street - Ithaca, NY 14850  
607.272.8262 - 1.800.HICKEYS (1.800.442.5397)  
www.hickeys.com

# HOT LICKS

Solo No. 1

Level - Easy

by Edward Freytag

**A**

1 R L R R 2 L R L L 3 R L R L 4 R L R R

5 R L R R L L 6 L L L R L L 7 R R R R 8 R R L R R L

9 R L 10 R L 11 R R L R L R 12 R L L R *ff*

**B**

13 R R L R L 14 R L R R L 15 R L R R L R 16 L R L

*mf*

17 R L R L R L R L 18 R L R L R L R L 19 R L R L R L R L 20 P

*p*

**C**

21 R L R L 22 R L R L 23 R L R

*f*

(on rim)

25 R L R L 26 R L R L 27

29 R R L L 30 R P



**HICKEY'S  
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850  
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)



# FUNKY FAT

Solo No. 13

Level - Medium

by Edward Frey

♩ = 88-92

**A**

*f*

R L R L R L L R L R L R R L R R R

*(rim shot)*

*sfz f*

**B**

*mf*

R R R R R R R R R R R R L L L

R R R R R R R R R R

R R L R R R

R L R L R L



**HICKEY'S  
MUSIC CENTER**

104 Adams Street - Ithaca, NY 14850  
607.272.8262 - 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)



