

The Prescott Technic System FOR THE ARBAN METHODS

By GERALD R. PRESCOTT

INSTRUCTIONS TO THE STUDENT

LESSON PLAN:

The Prescott Technic System includes a five point course of study as follows:

- a. Daily full band or orchestra rehearsals
- b. Weekly sectional practises
- c. Individual solo playings
- d. Small ensemble experience
- e. Graded technical exercises

This lesson plan outlines the technical exercises for cornet, trumpet, fluegelhorn, alto, baritone, trombone, and tuba from the Arban Methods. A detailed explanation of the complete five point course of study may be found under Part II "SYSTEMATIZING THE CURRICULUM" in the text, "Getting Results with School Bands" Prescott-Chidester, published by Paul A. Schmitt Music Co., Minneapolis, Minnesota.

HOW TO USE THIS LESSON PLAN:

This course provides a *First* and *Second* set of *Preparatory* exercises, which must be considered a *prerequisite* for the four years of *Advanced Study*. You must first obtain a copy either of the ARBAN'S METHOD COMPLETE, Carl Fischer Edition, or the ARBAN'S PRESCOTT EDITION covering the first two years' assignments only. These books may be purchased from your local dealer or from Paul A. Schmitt Music Co., 88 South Tenth Street, Minneapolis, Minnesota. Prices:

Arban's Complete Treble Clef	\$5.00
Arban's Complete Bass Clef	5.00
Arban's Prescott Treble Clef or Bass Clef-each	1.25

It is important that you always have your Outline of Technic with your Arban's Method and we therefore suggest that you place the Outline inside the first few pages of the method and fix it there securely with paste or with linen tape as a hinge.

HOW TO READ THE CHARTS:

At the left in each chart is listed the type of studies taken from the Arban's Complete Method, viz.: First Studies, Slurs, etc.

To the right of the type of studies and below the heading "Starting page" is listed the opening page of each set of studies. Starting pages are listed for both the Bass and Treble clef editions, in separate columns.

To the right of the starting pages and below the heading "Assignments by" is listed the method by which the assignments are made. For example, the assignments taken from the First Studies start on page 11 and are assigned by exercise and line. The actual assignments are given under the weeks of each Twelve Weeks' assignments. For example, the first week of this course assigns the following: Line 1 of exercise 9 found under First Studies, which set of exercises opens on page 11; Line 1 of exercise 1 found under the Syncopation studies starting on page 23; Line 1 of exercise 4 under Slurs starting on page 45 in the Bass clef edition and on page 39 in the Treble clef edition, etc.

PASSING THE EXERCISES:

At each weekly technic lesson, your Instructor will listen to the studies you have been practising. As soon as your Instructor accepts the playing of any study, it should be checked off your chart. After you have passed all the assignments of the First Preparatory Exercises you are entitled to wear Award A, as pictured on page 12. After assignments for the Second Preparatory Exercises are passed your Instructor will sign for this completed work, entitling you to Award B. The First Twelve Weeks Advanced Technic signature entitles you to Award C. Other awards follow as listed on page 12.

FIRST PREPARATORY EXERCISES
Prescott Technic System for All Wind Instruments

	Assigned Accomplishments for the Student	Instructor's Signatures for Assignments Completed
1	Demonstrate the ability to play all assigned exercises or lessons in your Beginning Method Book.	
2	Demonstrate the ability to play your assigned parts in two Chamber Music Ensembles.	
3	Demonstrate the ability to play two Elementary solos with Piano accompaniment, as selected by your director, and any 12 song book melodies.	
4	Demonstrate correct breathing as used in wind instrument playing.	
5	Demonstrate the ability to tune your instrument with any given concert tone within the easy playing register of your instrument.	
6	Receive a grade of 100% writing eight measures of 4/4 time, eight measures of 3/4 time, eight measures of 6/8, and eight measures of 2/4 time, with no two measures alike. Make use of the following kinds of notes and rests: Whole, Half, Quarter, Eighth Sixteenth, and Dotted Half.	
7	Sustain a tone 25 seconds on your instruments (15 seconds on Tubas and Flutes).	
8	Play from memory the following scales and tonic arpeggios in one octave, ascending and descending, slurred and articulated: C Major, Bb Major, Eb Major, F Major, G Major, D Major, A Minor, and Chromatic.	
9	Prepare eight chromatic fingering charts, showing only the common fingerings, cover practical range of your instrument. Follow a schedule of at least one week of making of each chart.	
10	Demonstrate the ability to recognize and name the following major key or sharps, One flat, One sharp, Two flats, Two sharps, Three flats	
11	Produce on your instrument a correct attack and release.	
12	Demonstrate the ability to recognize when seen and heard Major 3rd, Perfect 5th, Octave.	
13	Receive a grade of 100% on a written exam listed by your director.	
14	Demonstrate the ability to perform by your director.	
15	Illustrate the 3 band position	
16	Commendable score	



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THIRD YEAR ADVANCED TECHNIC

Prescott Technic System for the Arban Method

Start- ing Page	Treble	11	23	39	59	75	76	81	121	132	142	147	155
	Bass	17	30	45	63	79	80	83	128	134	151	156	162
Type of Studies Taken From ARBANS COMPLETE METHOD CARL FISCHER EDITION	FIRST STUDIES	SYNCOPIATION 8ths and 16ths	SLURS	MAJOR SCALES	MINOR SCALES	CHROMATIC	EMBELLISH- MENT	INTERVAL	TRIPLETS and 16ths	Major and Minor Chords	7th CHORDS	Double and Triple Tongue	Completion of the Third Year Entitles the Pupil to Wear Award Number 3
Assignments by	Exercise and Lines	Exercise and Lines	Exercise and Line	Exercise	Exercise	Line and Form	Exercise and Line	Exercise and Line	Exercise and Line	Exercise and Line	Exercise and Line	Exercise	
1ST WEEK	32-2	26-1	17-4	24	42 A	1-36	5-5	3-10	6-1	18-1	50-4	54-2	120
2ND WEEK	32-3	26-2	17-4	31	42 A	1-36	5-5	3-10	6-1	18-2	50-4	54-2	120
3RD WEEK	33-1	26-3	5-1	39	42 A	1-36	5-5	3-10	6-1	18-3	50-4	54-2	87
4TH WEEK	33-2	26-4	5-1	7	42 A	1-36	5-5	2-3	6-1	18-3	50-4	54-2	87
5TH WEEK	33-3	26-5	5-1	3	42 A	1-36	5-6	2-3	6-4	18-4	48-9	53-9	1
6TH WEEK	34-1	26-6	5-2	38	42 A	1-36	5-6	2-3	6-4	18-4	48-9	53-9	1
7TH WEEK	34-2	15-2	5-2	6	43 A	1-36	5-6	3-3	6-4	18-5	48-9	53-9	2
8TH WEEK	35-1	15-3	5-2	61	43 A	1-36	5-6	3-3	6-4	18-6	48-9	53-9	2
9TH WEEK	35-2	15-4	18-1	35	43 A	1-36	10-1	3-3	3-5	33-1	50-10	54-3	3
10TH WEEK	36-1	15-5	18-1	37	43 A	1-36	10-1	2-2	3-5	33-1	50-10	54-3	3
11TH WEEK	36-2	15-6	18-2	5	43 A	1-36	10-1	2-2	3-5	33-2	50-10	54-3	4
12TH WEEK	36-3	15-7	18-2	60	43 A	1-36	10-1	2-2	3-5	33-2	50-10	54-3	
13TH WEEK	37-2	6-1	2-1	55	44 B	2-57	25-1	2-8	4-4	19-1	48-2	54-12	
14TH WEEK	37-3	6-2	2-1	8	44 B	2-57	25-1	2-8	4-4	19-1	48-2	54-12	
15TH WEEK	38-2	6-2	2-2	13	44 B	2-57	25-1	2-8	4-4	19-2	48-2		
16TH WEEK	38-3	27-1	2-2	59	44 B	2-57	25-2	3-6	4-4	19-2	48-2		
17TH WEEK	38-4	27-2	2-3	54	44 A	2-57	25-2	3-6	7-3	19-3	50		
18TH WEEK	38-5	27-2	2-3	67	44 A	2-57	25-2	3-6	7-3	19-3			
19TH WEEK	39-2	27-3	18-1	9	44 A	2-57	25-3	2-10	7-3	34			
20TH WEEK	39-3	27-3	18-1	58	44 A	2-57	25-3	2-10	7-3				
21ST WEEK	39-4	27-4	18-2	53	43 B	2-57	25-3	2-10	2-7				
22ND WEEK	40-2	27-4	18-2	66	43 B	2-57	10-2	3-2					
23RD WEEK	40-3	27-5	18-3	21	43 B	2-57	10-2	3-2					
24TH WEEK	40-4	27-6	18-3	10	43 B	2-57	10-2						
25TH WEEK	41	7-1	18-4	52	42 B	4-1	25-4						
26TH WEEK	41	7-2	18-4	65	42 B	4-1	25-						
27TH WEEK	42	7-2	11-1	20	42 B	4-1							
28TH WEEK	42	7-3	11-1	49	42 B	4-1							
29TH WEEK	43	28-1	11-2	14	42 A								
30TH WEEK	43	28-2	11-2	64	42 A								
31ST WEEK	43	28-3	11-3	19	47								
32ND WEEK	44	28-3	11-3	48									
33RD WEEK	44	28-4	11-4	25									
34TH WEEK	44	28-4	11-5										
35TH WEEK	45	28-5	19-1										
36TH WEEK	45	28-6	16										

"A" after an exercise numbr
For example: 43 A, 43 B
Beginning with the 1st
scales) indicates that



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