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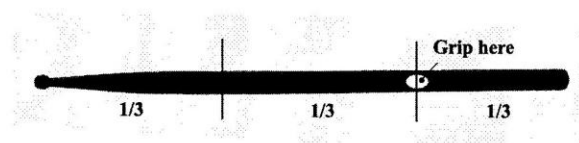
Traditional Grip



Matched Grip

■ *Matched Grip*

If a stick is divided into thirds, the lowest division is the point where the fingers will grip. The stick should follow the natural crease in the hand. The thumb should be in line with the stick, and the first finger should wrap around the stick.



The stick should be able to move freely in the hand with the thumb and first finger acting as a pivot point or fulcrum. The remaining fingers do not grasp the stick but merely guide the stick and minimize lateral movement.

Playing exercises

Practice these exercises using alternating strokes.

1



2



3



4



5



6



7



8



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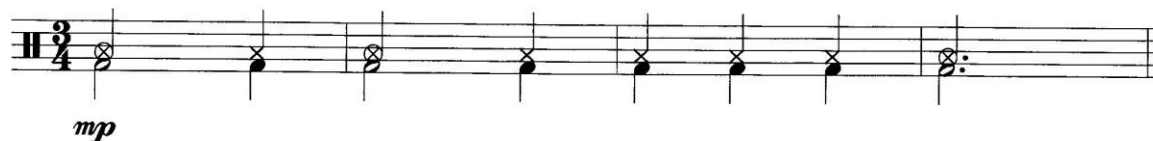
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Crash Cymbal and Bass Drum Exercises

1



2



3



4



5



6



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9



10



11



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Duets

These duets can be played on any combination of mallet instruments. The top part can also be played as a solo exercise.

① ♩ = 80

Exercise 1, measures 1-12. The score is in 4/4 time with a tempo of 80 beats per minute. It features two staves, both marked *mp* (mezzo-piano). The top staff contains a melodic line with eighth and sixteenth notes, while the bottom staff provides a harmonic accompaniment with chords and moving lines.

② ♩ = 88

Exercise 2, measures 1-12. The score is in 3/4 time with a tempo of 88 beats per minute. It features two staves, both marked *mp* (mezzo-piano). The key signature has three sharps (F#, C#, G#). The top staff contains a melodic line with eighth and sixteenth notes, while the bottom staff provides a harmonic accompaniment with chords and moving lines.



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Four Drums

9



10



11

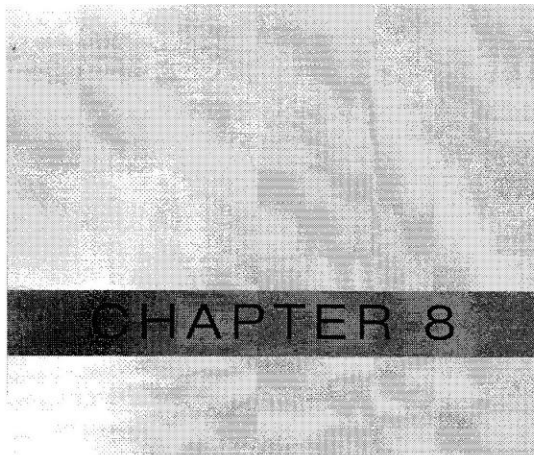


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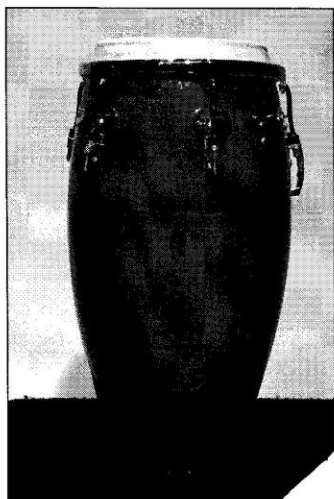
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AFRO/CUBAN DRUMS

Congas

"Conga" is a generic term used to refer to the family of barrel shaped drums with animal skin heads, that are played with the hands. The head diameter of the conga can range from 9 inches to 12 1/2 inches. Technically, the smallest drum is called the Quinto (pronounced Keen-to), the middle drum Conga, and the lowest drum the Tumbadora (or Tumba).



Traditionally, these drums
the legs and raising it s'

Congas can also b



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