

CONTENTS

Dedication	3
Foreword	6
Acknowledgements.	7
Introduction	8
CHAPTER 1 Snare drum	9
CHAPTER 2 Bass Drum and Cymbals.	43
CHAPTER 3 Triangle and Tambourine.	54
CHAPTER 4 Accessory Instruments	63
CHAPTER 5 Keyboard Mallet Percussion.	73
CHAPTER 6 Timpani	88
CHAPTER 7 Drum Set	98
CHAPTER 8 Afro/Cuban Drums	106
CHAPTER 9 Marching Band	110
CHAPTER 10 Director's Guide	115
About the Author	133



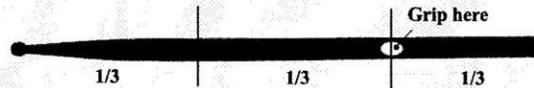
Traditional Grip



Matched Grip

■ *Matched Grip*

If a stick is divided into thirds, the lowest division is the point where the fingers will grip. The stick should follow the natural crease in the hand. The thumb should be in line with the stick, and the first finger should wrap around the stick.



The stick should be able to move freely in the hand with the thumb and first finger acting as a pivot point or fulcrum. The remaining fingers do not grasp the stick but merely guide the stick and minimize lateral movement.

Playing exercises

Practice these exercises using alternating strokes.

1



2



3



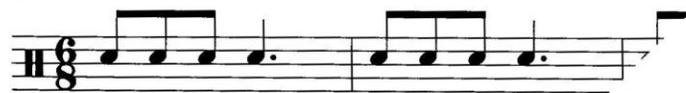
4



5



6



7



8



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Crash Cymbal and Bass Drum Exercises

①

mf

②

mp

③

f

④

mf

⑤

f

⑥

f *mp*

f



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9

Musical notation for exercise 9, consisting of three staves in treble clef with a key signature of two sharps (F# and C#). The first staff begins with a dynamic marking of *f* (forte).

10

Musical notation for exercise 10, consisting of two staves in treble clef with a key signature of three flats (Bb, Eb, Ab) and a 2/4 time signature. The first staff begins with a dynamic marking of *mf* (mezzo-forte). The second staff has dynamic markings of *f* and *mp* (mezzo-piano).

11

Musical notation for exercise 11, consisting of four staves in treble clef with a key signature of two flats (Bb, Eb) and a 4/4 time signature. The first staff begins with a dynamic marking of *mf* and ends with *p* (piano). The second staff begins with *mf*. The third and fourth staves begin with *p*.



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Duets

These duets can be played on any combination of mallet instruments. The top part can also be played as a solo exercise.

① ♩ = 80

Musical score for exercise 1, measures 1-12. The score is in 4/4 time with a tempo of ♩ = 80. It consists of two staves. The top staff begins with a *mp* dynamic marking. The bottom staff begins with a *mp* dynamic marking. The music features a mix of eighth and quarter notes, with some measures containing chords.

② ♩ = 88

Musical score for exercise 2, measures 1-12. The score is in 3/4 time with a tempo of ♩ = 88. It consists of two staves. The top staff begins with a *mp* dynamic marking. The bottom staff begins with a *mp* dynamic marking. The music features a mix of eighth and quarter notes, with some measures containing chords.



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Four Drums

9

Exercise 9 consists of two staves of music in 4/4 time. The first staff begins with a *mf* dynamic and ends with a *f* dynamic. The second staff begins with a *mf* dynamic. The music features eighth and sixteenth note patterns.

10

Exercise 10 consists of two staves of music in 6/8 time. Both staves begin with a *mp* dynamic. The music features eighth and sixteenth note patterns.

11

Exercise 11 consists of two staves of music in 4/4 time. The first staff begins with a *mf* dynamic. The second staff begins with a *mp* dynamic and ends with a *f* dynamic. The music features eighth and sixteenth note patterns.

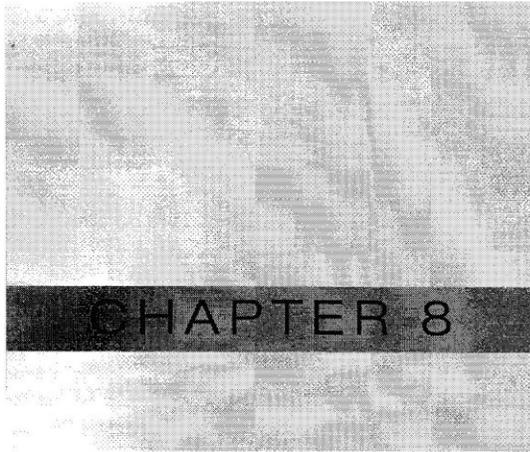
12

Exercise 12 consists of two staves of music in 3/4 time. The first staff begins with a *fp* dynamic and ends with a *f* dynamic. The second staff continues the melody. The music features eighth and sixteenth note patterns.



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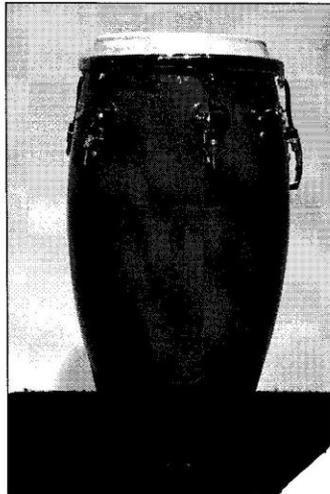
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AFRO/CUBAN DRUMS

Congas

“Conga” is a generic term used to refer to the family of barrel shaped drums with animal skin heads, that are played with the hands. The head diameter of the conga can range from 9 inches to 12 1/2 inches. Technically, the smallest drum is called the Quinto (pronounced Keen-to), the middle drum Conga, and the lowest drum the Tumbadora (or Tumba).



Traditionally, these drums are supported by the legs and raised by a strap.

Congas can also be played by holding them between the legs.



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