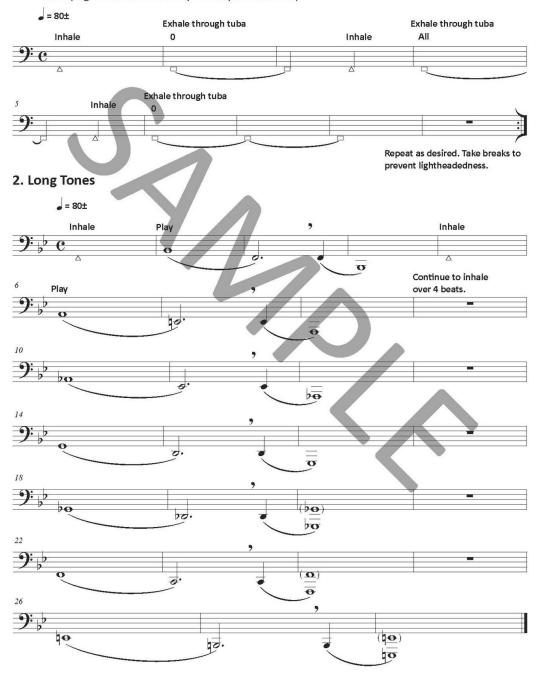
II. Basic Routine

1. Breathing

As you exhale through the tuba, strive to keep the sound of the air flow consistent except for the very end of the note. For the end of the note, increase the intensity of the air flow slightly. Plan ahead as you are blowing and save a little air to accomplish this. 0 = open and All = all valves down (regardless of how many valves your tuba has).



3. Dynamics

Play faster, if necessary, to make each phrase in one breath. Don't strain to make the phrase! If you aren't able to play the phrase in one breath even at a faster tempo, insert a breath as needed.



4A. Articulation: Tenuto

Play with a variety of dynamics and articulations.



4B. Articulation: Staccato

Keep all notes flowing together on one constant, steady airstream; don't puff the air for each articulation.

J = 66±

9: → C

5

9: → C

5. Low and Resonant

To get your most resonant sound, keep your teeth apart and your tongue low because this creates space in your mouth, or oral cavity. Your oral cavity is a resonating space for your tuba playing, so keeping your teeth apart and your tongue low creates a bigger cavity and more resonance. In this exercise, you will experiment with your tone by moving your jaw up and down. When you play with your teeth together as instructed in bar two, you will get an unpleasant, nasal sound, but that is only so you can understand how it feels to do the opposite! Your goal is to achieve your most beautiful, effortless, resonant sound by keeping your teeth apart and your tongue low.

= 76± For the note with the X notehead, play with your teeth together for a nasal sound.

