

No. 1

Directions: Play one exercise a week practicing it five times daily. While each new exercise is being mastered, keep reviewing the old ones once each day. Do this until the entire book has been learned.

Ascending

1 *f*

* 5 4

5 4

5 4

5 4

5 1 2 *simile*

5 4 *simile*

9 *Descending*

5 4

5 4

5 4

5 4

1 2

1 2

1 2

1 2

13 5 4 *simile*

1 2 *simile*

*Note: The left hand plays the same notes as the right hand, only two octaves lower. This is true for the entire book.

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