BASSOON WARM-UPS

to Charles Robert Reinert

PART 1

Christopher Weait 1987

Play part 1 at an unstrained (mezzo-forte) dynamic level. Concentrate on relaxing the body, and producing a smooth, warm air-flow. Allow the fingers to be relaxed. Use only the muscles you need for playing. Do not strive for speed. Start part 1 close to the indicated tempo of half-note = 80 beats per minute. Tongue lightly. A feeling of breathlessness may occur, but will disappear as you play through the warm-ups. Start with a rich, full sound on low F. Draw the sound upward to the higher notes. Exhale and inhale where indicated.



PART 4

In part 4 use louder and softer gradual dynamic changes. Maintain good sound and pitch. Use a metronome for no.11 and no.12 to be sure the faster notes are fitting in the beat. No.12 can be used to improve slurs between any two tones. In no.14 draw the clear tone of high f downwards to blend with lower tones.









