

LONG TONE WARM UP

Played each day before one's practice schedule.

HELPFUL HINTS:

"DEEP DIAPHRAGMATIC BREATHING" disciplines the lungs and body for a necessary "CONTROLLED AIR COLUMN". The "DIAPHRAGM WAIST MUSCLES" should be put into practice by the correct amount of necessary body tention.

HELPFUL HINTS:

For a full, rich sound, feed a little more air than required.

I

Simile

Extended Range:
Add a $\frac{1}{2}$ step each
four weeks. Important:
CONSULT TEACHER

HELPFUL HINTS:

For low practice, drop lower jaw, and enunciate the vowel syllable "AH" for the lower tones. When ascending close the lower jaw.

II

1st 2nd 3rd 4th 5th 6th 7th

tah ah tah ah 1st valve 1&2 valves 2&3 valves 1&3 valves 1,2,&3 valves

7th 6th 5th 4th 3rd 2nd 1st

EXTENDED RANGE

1st

HELPFUL HINTS:

For production of a good sound, practice for CLEAN SLURS and CLEAN CONNECTIONS. Go VERY SLOWLY. THINK and COUNT.

IV

1st 1/2 6th 3/4 5th

tah ah too ah etc. tah ah too ah tah ah oo ah - - - - -

1/4 4th 1 3rd

tah ah too ah tah ah oo ah tah

2 2nd 1st

too ah oo
1st pos open

2nd
2nd valve

3rd
1st valve

4th
1&2 valve

5th
2&3 valve

6th
1&3 valve

7th
1,2,&3 valve

too oo oo
1st

2nd
2nd valve

3rd
1st valve

4th
1&2nd valve

5th
2&3 valve

6th
1&3rd valve

7th
1,2&3rd valve

tee oo ee
open

2nd
2nd valve

3rd
1st valve

too oo ee
4th 1&2nd valve

5th
2&3 valve

6th
1&3rd valve

7th
1,2,&3rd valve

HELPFUL HINTS:

Concentrate while practicing. Think about key signatures, counting, clean slurring, proper breath, and vowel syllables. Compensate all notes that require adjusting.

6th
1&3 valves

5th
2&3 valves

4th
1&2 valves

3rd
1st valve

2nd
2nd valve

1st
open

6th
1&3rd

5th
2&3rd

4th
1&2nd

3rd
1st

2nd
2nd

1st
open

2nd
2nd

3rd
1st

4th
1&2nd

Adjust all A sharp 6th

#5

#7



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HELPFUL HINTS:

Object - Clean connections. Listen for intonation.

Tongue and Slur



TONGUE And SLUR:



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HELPFUL HINTS:

Concentrate on BACK OF TONGUE. Enunciate proper vowel syllables. Use a light tongue. Do not tongue between the teeth or the lips. Practice slowly-then increase tempo gradually. Listen for intonation. Each exercise needs four to five weeks, or longer if necessary, until mastered. Constantly keep your mind on improving every detail, along with key signatures and counting.

XIX

1st pos
open

2nd pos
2nd valve

3rd pos
1st valve

4th pos
1 & 2 valves

5th pos
2 & 3 valves

Adjust all B $\flat$'s in 5th position

6th pos
1 & 3 valves

Adjust all A $\sharp$ in 6th position

7th pos
1, 2, & 3 valves

Adjust all



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ADAGIO

SOLO

Strive for tone and phrasing

Joseph Haydn

p *Dolce*

mf

p

mf

f

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PLASIR D' AMOUR

SOLO Strive for tone

Martini

mf Molto Lento

p

p



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