

A SESSION

A - 1

The first exercise for the A practice session is of course a warm-up. With conscientious listening and the ability to make compensations with the slide, work of this nature will certainly improve intonation. This exercise helps to build strength and to stabilize (keep set) the embouchure. Take these lines slowly and deliberately at a medium to soft volume and keep the mouth well open as with a yawn.



Keep the jaw open throughout - take your time.



Keep the tongue down - slowly and deliberately.



Keep the throat open - breathe deeply.



HPTB-3



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A - 5

Any scale type exercise is quite naturally ideal for developing coordination between the tongue and the slide or valves. Work toward good even tonguing over the entire instrument. Once again, when the slide continues in one direction, try to avoid stopping it for each note. These lines have been written as double octave efforts, still, deep breathing can be practiced by playing one whole key center in one breath. These can be expanded by playing some of the scales in triple octaves.

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The low tones at the end of each interval passage are mostly to help the embouchure to relax after a strenuous workout.



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Specific Exercises for Particular Issues

<u>Warm-up</u>	<u>Tonguing</u>	<u>Speed (Technique)</u>	<u>Tone</u>
A-1	A-2	A-2	A-1
A-3	A-5	A-5	A-3
A-4	B-1	A-6	C-3
B-1	B-7	A-6	C
C-1	C-1	B-6	
D-1	C-5	C-5	
D-3	C-9	D-2	
	D-2	D-4	
	D-4		

Range
(Lower Notes)
A-3
A-7



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