

Foreword

Winning Rhythms is a self-paced, step-by-step method for teaching rhythm concepts. It works well in conjunction with the study of **any** musical instrument, or by itself for independent practice.

There are several ways to use **Winning Rhythms** depending upon your level of proficiency:

JUST STARTING

- Clap the rhythms.
- Use a percussion instrument to tap out the rhythms.

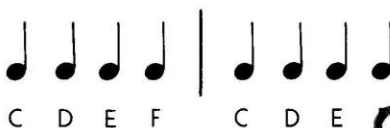
FIRST YEAR

- Play each line on any single pitch.

INTERMEDIATE

- Play each line on different notes of a scale.
For example: on page 2, read line A playing the note C; line B on the note D; and line C on the note E; etc.

- Play each line melodically up or down the first four steps of a scale. For example:



This will help you improve rhythm counting while you simultaneously learn SCALE FINGERING TECHNIQUE.

ADVANCED

- Play all the notes of a scale. For example:



- Practice each lesson at various tempi. Start slowly, gradually increase the tempo.

AT EVERY LEVEL

- Write in the counting under each note.
- Count aloud and clap the rhythms before playing.
- Keep a steady beat throughout.

Remember to take the time to understand each exercise in each lesson. Do your best to work carefully, you will soon be a better musician. In any way, you can concentrate on other areas of your life.




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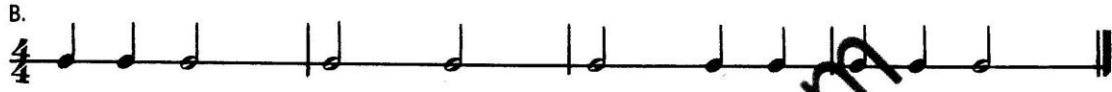
WARNER
infr.

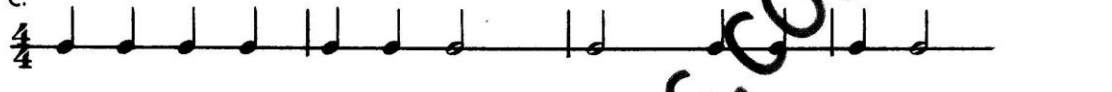
1.


 = Quarter Rest


1. Write in the counting.
2. Clap and count the rhythm.
3. Play.


A. 


B. 


C. 


D. 


E. 

F. 

G. 

H. 

I. 

J. 





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15.

	= Eighth Rest
	= Sixteenth Rest
	=  = = 1/2 beat

A. 

B. 

C. 

D. 

E. 

F. 

G. 

H. 

I. 



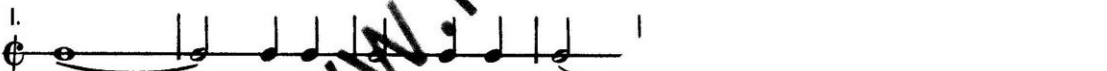
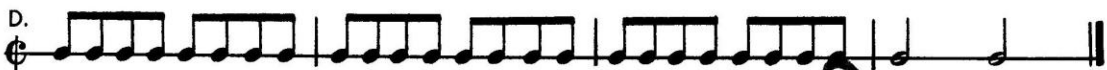


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20.

$C = \frac{4}{4}$ $C = \text{Cut Time} = \frac{3}{2}$ All notes are cut in half.



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23.cont.

M.
N.
O.
P.
Q.
R.
S.



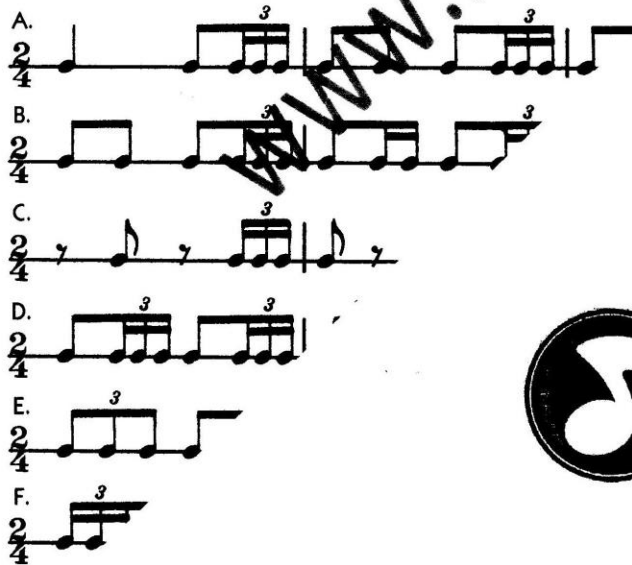
Sixteenth Note Triplets



24

Counting is concentration.
Write in counting.

A.
B.
C.
D.
E.
F.



W6

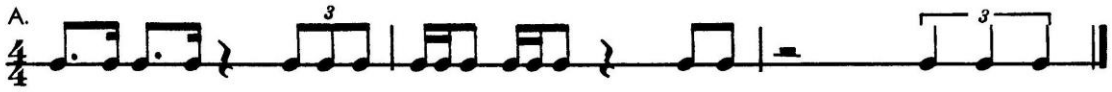



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26.


Know what each time signature tells you.


A. 

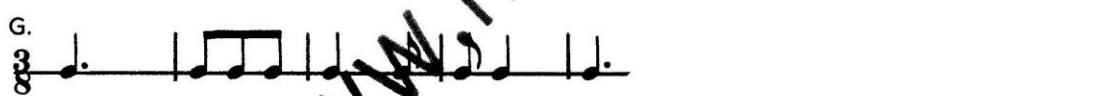
B. 

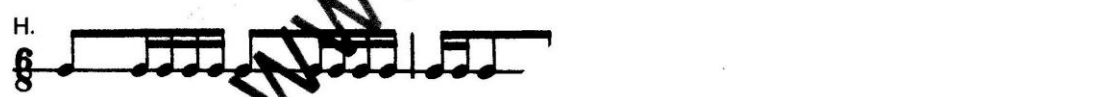
C. 


D. 


E. 


F. 

G. 

H. 

I. 

J. 

K. 



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