

GROUP ONE

Repeat each exercise four times in one breath. If you have any wind left hold the last note with purity of tone until all the wind is exhausted. When the *technic* in each exercise, is perfect, increase the speed until you can play it through six times in one breath and set record, later on, to eight times in one breath. This strengthens your *will power* which is quite necessary to become a good player, and teaches *confidence* in playing.

Repeat four times in one breath

Ex. 1 (Met. *d.* = 80)
 Relax contract relax contract relax
p *mf* long

Ex. 2
 Relax contract relax contract relax
p *mf* long

Ex. 3
 same
p *mf* long

Ex. 4
 same
p *mf*

Ex. 5
 same
p *mf*

Ex. 6
 same
p *mf*

Ex. 7
 same
p *mf*

Ex. 8
 same
p

EXAM

(Met. *d.* = 80)
 Slur two... Tongue Four
 T T T T



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GROUP THREE

Scale Exercises for training the tongue and fingers to work together; observing that both the muscles of the lips and tongue contract and relax according to the suggestions in the preceding groups (to contract while ascending and relax while descending the scale). Remember to play each exercise in one breath. This builds up *endurance* which is the most essential factor in all wind instrument playing, and when fully acquired, relieves the constant tension of the lips. As another practical reminder, the player should commence each exercise by taking a good healthy breath, filling the lungs with all the air they will hold. The change of time is to be observed in every other exercise, without taking an extra breath at the change.

Ex. 14 (Met. $\text{♩} = 120$)

Ex. 15 (Met. $\text{♩} = 120$)



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Ex. 31

Omit

Ex. 32

Ex. 33

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