## A DOZEN A DAY

Many people do exercises every morning before they go to work.

Likewise — we should give our fingers exercises every day BEFORE we begin our practicing.

The purpose of this book is to help develop strong hands and flexible fingers.

Do not try to learn the entire first dozen exercises the first week you study this book! Just learn two or three exercises, and do them each day *before* practicing. When these are mastered, add another, then another, and keep adding until the twelve can be played perfectly.

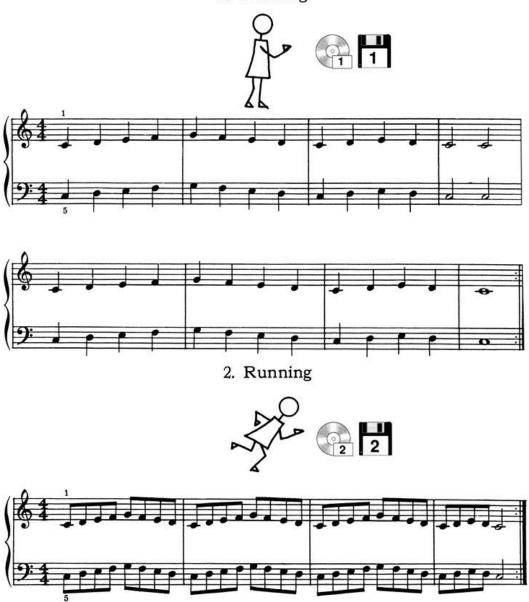
When the first dozen — or Group I — has been mastered and perfected, Group II may be introduced in the same manner, and so on for the other Groups.

Many of these exercises may be transposed to different Keys. In fact, this should be encouraged.

EDNA-MAE BURNAM

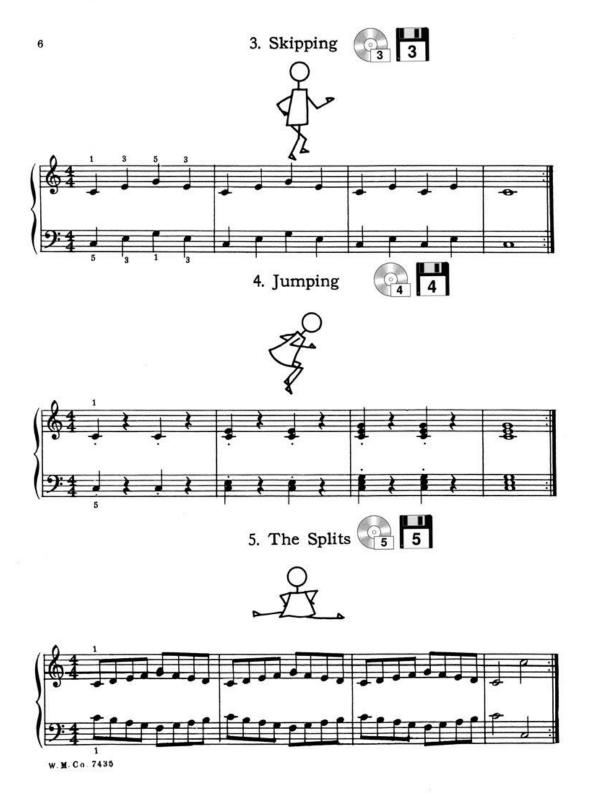
## Group I

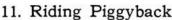
## 1. Walking

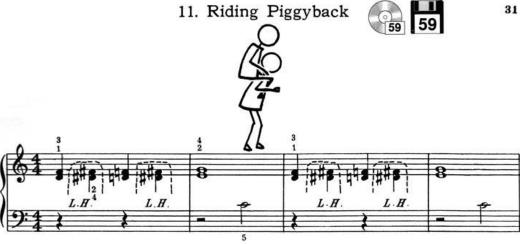


Copyright, MCMLVII, by The Willis Music Co International Copyright Secured Printed in U.S.A.

W.M.Co.7435









12. Fit As A Fiddle and Ready To Go



W.M.Co. 7435