

## **Contents:**

- 1: Preface
- 2: The 6 mallet grip
- 3: How to use the book
- 4: How to hold the mallets
- 5: Stroke types
- 6: Overview of instructional videos
- 7: Triple Vertical Strokes – right hand
- 8: Triple Vertical Strokes – left hand
- 9: Triple Vertical Strokes with interval changes – right hand
- 10: Triple Vertical Strokes with interval changes – left hand
- 11: Single and Double Alternating Strokes – right hand
- 12: Single and Double Alternating Strokes – left hand
- 13: Triple Vertical and Single Independent Strokes – right hand
- 14: Triple Vertical and Single Independent Strokes – left hand
- 15: Triple Vertical Strokes with both hands
- 16: Triple Vertical Strokes and interval changes with both hands
- 17: Single and Double Alternating Strokes in left hand and Triple Vertical Strokes in right hand
- 18: Single and Double Alternating Strokes in right hand and Triple Vertical Strokes in left hand
- 19: Single and Double Independent Strokes in both hands
- 20: Mixed Strokes
- 21: Exercises with accidentals
- 22: Mixed Strokes using accidentals
- 23: Cords
- 24: Six mallet compositions
- 25: List of works for six mallets or more.

## **Contenidos:**

1. *Prefacio*
2. *El control de 6 baquetas*
3. *Cómo usar el libro*
4. *Cómo sostener las baquetas*
5. *Tipos de golpe*
6. *Sumario de los videos didácticos*
7. *Golpes triples verticales –mano derecha*
8. *Golpes triples verticales –mano izquierda*
9. *Golpes triples verticales con intervalos de cambio –mano derecha*
10. *Golpes triples verticales con intervalos de cambio –mano izquierda*
11. *Golpes alternados sencillos y dobles –mano derecha*
12. *Golpes alternados sencillos y dobles –mano izquierda*
13. *Golpes triples verticales y sencillos independientes –mano derecha*
14. *Golpes triples verticales y sencillos independientes –mano izquierda*
15. *Golpes triples verticales con ambas manos*
16. *Golpes triples verticales y cambios de intervalo con ambas manos*
17. *Golpes alternados sencillos y dobles, mano izquierda y golpes triples verticales -mano derecha*
18. *Golpes alternados sencillos y dobles, mano derecha y golpes triples verticales -mano izquierda*
19. *Golpes independientes sencillos y dobles, ambas manos*
20. *Golpes mixtos*
21. *Ejercicios con accidentales*
22. *Golpes mixtos usando accidentales*
23. *Cuerdas*
24. *Composiciones de seis baquetas*
25. *Lista de trabajos para seis baquetas o más.*



Photo 1 - place the extra inside mallet underneath the inside Stevens Grip mallet

*Foto 1 - Coloca la extra baqueta interior bajo la baqueta interior del Grip de Steven*

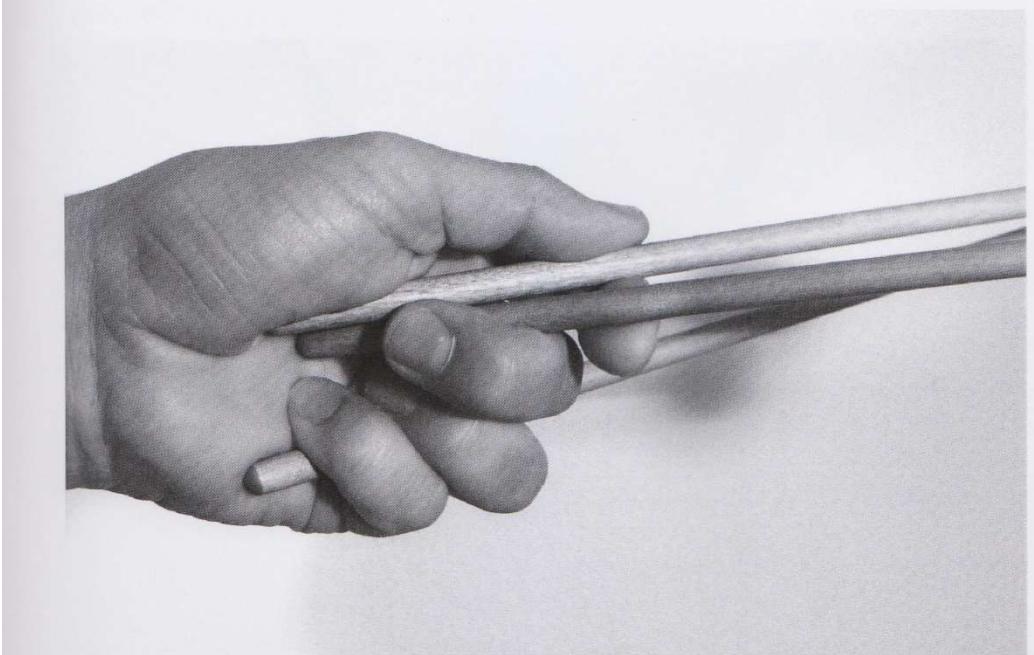


Photo 2 - place the extra inside mallet underneath the inside Stevens Grip mallet

*Foto 2 – Coloca la extra baqueta interior bajo la baqueta interior del Grip de Steven*

**Triple Vertical - right hand.** Video 7

Play the exercises and get the power from using the rotation of the underarm. Remember to curve your wrist a little by moving the elbow away from the body.

**Triple Vertical – mano derecha.** Video 7

Toca los ejercicios y consigue fuerza al rotar el antebrazo. Recuerda encorvar la cintura un poco retirando el codo del cuerpo

A musical staff in treble clef with 7 groups of vertical triplets. Each group is numbered 1 through 7 above the staff. The groups consist of three eighth-note chords: 1 (G-B-D), 2 (A-C-E), 3 (B-D-F#), 4 (C-E-G), 5 (D-F#-A), 6 (E-G-B), and 7 (F#-A-C).

A musical staff in treble clef with 8 groups of vertical triplets. Each group is numbered 1 through 8 above the staff. The groups consist of three eighth-note chords: 1 (G-B-D), 2 (A-C-E), 3 (B-D-F#), 4 (C-E-G), 5 (D-F#-A), 6 (E-G-B), 7 (F#-A-C), and 8 (G-B-D).

A musical staff in treble clef with 4 groups of vertical triplets. Each group is numbered 1 through 4 above the staff. The groups consist of three eighth-note chords: 1 (G-B-D), 2 (A-C-E), 3 (B-D-F#), and 4 (C-E-G).

A musical staff in treble clef with 6 groups of vertical triplets. Each group is numbered 1 through 6 above the staff. The groups consist of three eighth-note chords: 1 (G-B-D), 2 (A-C-E), 3 (B-D-F#), 4 (C-E-G), 5 (D-F#-A), and 6 (E-G-B).

A musical staff in treble clef with 3 groups of vertical triplets. Each group is numbered 1 through 3 above the staff. The groups consist of three eighth-note chords: 1 (G-B-D), 2 (A-C-E), and 3 (B-D-F#).



**HICKEY'S  
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850  
607.272.6262 • 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)

**Triple Vertical Strokes in right hand - Single and double alternationg strokes in left han**  
Video 7 & 8

*Again you should try play a different stroke type in each hand.*

**Golpes triples verticales mano derecha – Golpes alternados sencillos y dobles con mano izquierda. Video 7 & 8**

*Ahora debes intentar tocar un tipo de golpe diferente con cada mano*

The sheet music consists of five staves of musical notation. The top four staves are for the right hand, each containing four measures labeled 1 through 4. The bottom staff is for the left hand, also containing four measures. The notation includes vertical strokes (quarter notes) and various types of alternating strokes (eighth and sixteenth notes) in the left hand. Measure 1: Right hand vertical strokes, left hand eighth-note pairs. Measure 2: Right hand vertical strokes, left hand eighth-note pairs. Measure 3: Right hand vertical strokes, left hand eighth-note pairs. Measure 4: Right hand vertical strokes, left hand eighth-note pairs. Measures 5-8: Right hand vertical strokes, left hand eighth-note pairs. Measures 9-11: Right hand vertical strokes, left hand eighth-note pairs. Measures 12-14: Right hand vertical strokes, left hand eighth-note pairs.



**HICKEY'S  
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850  
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)

**Mixed Strokes.** If you have not done it, watch all the videos now!

In these exercises you will find everything mixed together, so now you are an advanced player.

**Golpes mixtos.** Si no has hecho esto antes, mira todos los videos ¡ahora!

**En estos ejercicios encontrarás todo mezclado, así que ahora eres un músico avanzado.**

The sheet music consists of 13 numbered measures (1 through 13) of piano notation. Measure 1 starts with a treble clef, a key signature of one sharp, and a common time signature. Measures 2 through 12 are in bass clef, a key signature of one sharp, and common time. Measure 13 returns to a treble clef, a key signature of one sharp, and common time. The music features various rhythmic patterns, primarily eighth-note and sixteenth-note strokes, with some eighth-note chords. Measure 13 concludes with a single eighth note.



**HICKEY'S  
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850  
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)

In this little piece you are sometimes only playing with 2 mallets and then suddenly you have to use all 6 mallets.

*En esta pequeña pieza se toca, a veces, con sólo dos baquetas y después, repentinamente, se tienen que usar las seis baquetas.*

**Presto**  $\text{♩} = 166$

I made this simple melody and added some advanced 6 mallet licks.

*Hice esta sencilla melodía y adhiri algunos licks avanzados con 6 baquetas*



**HICKEY'S  
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850  
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)  
[www.hickeys.com](http://www.hickeys.com)