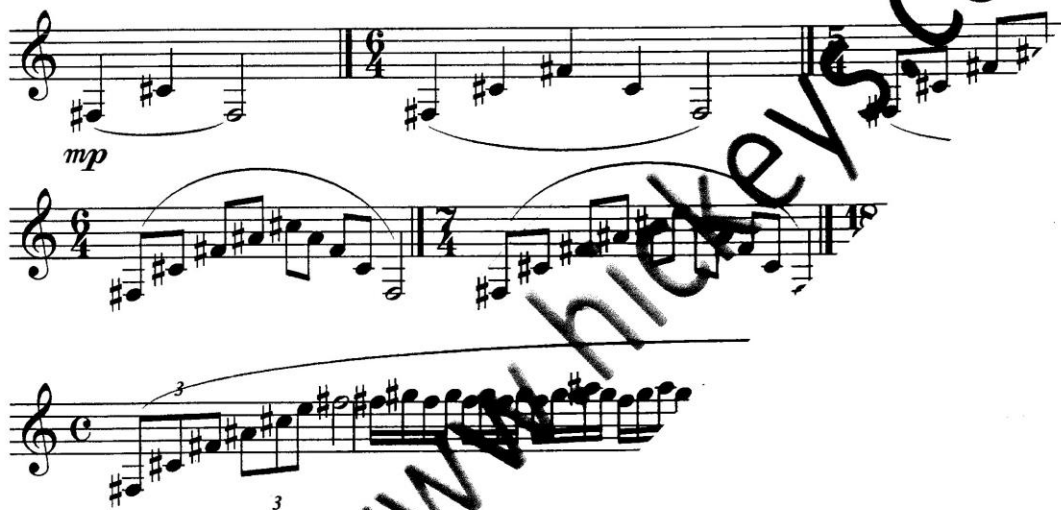


Table of Contents

Warm Up.....	1
Warm Down.....	5
Tonal Exercises.....	8
Graded Flexibility.....	39
Upper Register.....	46
Low Register Articulations	51
Double Tonguing.....	53
Triple Tonguing.....	63
Twenty-five Simple Melodies.....	68



- 5 **Lip Slurs:** Perform softly and slowly.
Each lip slur will start with 123 and continue up through the remaining valve combinations: 13



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

Recommended Warm-Downs

5

This is an essential part of a trumpeter's daily routine. Everyone should spend some time playing "feel-good" exercises at the end of the day. This will speed the healing process by promoting good blood-flow in the embouchure, making the next day more productive and enjoyable.

These exercises should be performed slowly and softly. As always, use a good sound, steady time and good intonation. Pedal tones (one below the playable range of the trumpet) are included. While they can be difficult to produce at first, with practice they will become easy. Strive to play the pedal tones with a good sound, almost like a good euphonium.

The musical score consists of ten staves of music, each containing a sequence of notes and rests. The exercises are written in treble clef and include various key signatures and time signatures. The first staff begins with a mezzo-piano (*mp*) dynamic marking. The second staff includes a 12/8 time signature. The third staff includes a 12/8 time signature and a *simile* marking. The fourth staff includes a 12/8 time signature and a *simile* marking. The fifth staff includes a 12/8 time signature and a *simile* marking. The sixth staff includes a 12/8 time signature and a *simile* marking. The seventh staff includes a 12/8 time signature and a *simile* marking. The eighth staff includes a 12/8 time signature and a *simile* marking. The ninth staff includes a 12/8 time signature and a *simile* marking. The tenth staff includes a 12/8 time signature and a *simile* marking. The exercises are numbered 1, 12, 23, 13, and 1 123.

**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

C Harmonic Minor



C Melodic Minor



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

29  Repeat using: 2, 1, 12, 23, 13, 123

30  Repeat using: 2, 1, 12, 23, 13, 1.

31  Repeat using: 2, 1, 12, 2.

32  Repeat

33  *mp*

34 

35 

36 

37 

38 



HICKEY'S MUSIC CENTER

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

Upper Register Development

Although it is not something to be feared, the development of the upper register should be undertaken carefully. In the first exercises you will perform exercises which are an extension of the flexibility exercises in the previous section. Coordination of the aperture and airspeed is crucial for the development of the upper register and these exercises develop that skill. You are encouraged to perform these exercises moderately soft, and always with a good sound. Do not perform these exercises until ALL the previous flexibility exercises can be performed with ease.

Take your time when building range. It will probably not happen quickly, but with careful and deliberate practice, it will happen. Practice these exercises every other day, for no more than ten to fifteen minutes, with a slow warm-down after you are finished. Again, use a metronome and a pitch generator.

1

13.....
mp

23.....

12.....

1.....

2.....

1.....

Play softly and always with

2

13.....
mp

14.....



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

long notes, not choppy

long notes, not choppy

www.hickeys.com



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

9

Repeat 2 times: 1. all TTK, 2. all TKT

www.hickeys.com



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com

2b



3a

3b

3c

3d

3e



**HICKEY'S
MUSIC CENTER**

104 Adams Street • Ithaca, NY 14850
607.272.8262 • 1.800.HICKEYS (1.800.442.5397)
www.hickeys.com