

# Body Jams

6 Body Percussion Pieces

by Murray Houllif

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Play the following exercises. The repeat sign (||) tells you to play the entire exercise once again.

**1.**      **a.**                                      **b.**                                      **c.**                                      **d.**

count aloud      1 2 3 4      1 + 2 + 3 + 4 +      1 + 2 + 3 + 4 +      1 + 2 + 3 + 4 +

tap foot      ↓ ↓ ↓ ↓      ↓ ↑      ↓ ↑ ↓ ↑      ↓ ↑ ↓ ↑

**2.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 e + a 2 + 3 + 4 +      1 e + a 2 + 3 + 4 +      1 + 2 e + a 3 + 4 e + a      1 e + a 2 + 3 e + a 4 +

↓ ↑ ↓ ↓ ↓ ↓ ↑ etc.

**3.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 + 2 + 3 e + a 4 +      1 + 2 e + a 3 + 4 +      1 e + a 2 + 3 e + a 4 +      1 + 2 + 3 e + a 4 +

↓ ↓ ↓ ↑ ↓ ↑ ↓ ↑ etc.

**4.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 2 3 T L 4 T L      1 2 T L 3 4 T L      1 T L 2 3 4 T L      1 2 T L 3 T L 4

↓ ↓ ↓ ↑ ↓ ↑ ↓ ↑ etc.

**5.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 + a 2 + 3 + a 4 +      1 + a 2 + 3 + 4 + a      1 + 2 + 3 + a 4 + a      1 + 2 + 3 + a 4 +

↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ etc.

**6.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 + 2 + 3 e + 4 +      1 e + 2 + 3 e + 4 +      1 + 2 + 3 + 4 e +      1 e + 2 e + 3 + 4 +

↓ ↑ ↓ ↓ ↓ ↑ ↓ ↑ etc.

**7.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 e + a 2 3 e + a 4      1 e + a 2 3 e + a 4      1 e + 2 + 3 + 4 + a      1 e + a 2 e + a 3 4

↓ ↑ ↓ ↓ ↓ ↑ ↓ ↑ etc.

**8.**      **a.**                                      **b.**                                      **c.**                                      **d.**

1 2 T L 3 T L 4      1 T L 2 3 T L 4      1 T L 2 T L 3 T L 4 T L      1 2 3 T L 4

↓ ↓ ↑ ↓ ↑ ↓ etc.

Suggestion - Play measure *a* alone and repeat four times. Then add measure *b*; play *a* and *b* four times. Do the same with measures *c* and *d*. Then play *a* through *d*.

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# Swing Kings

This composition is written in the swing jazz style. It is a form of American music which developed in the early 1930's and became a distinctive style by 1940. The swing band (or big band) consisted of a strong rhythm section of string bass, drums, piano and often guitar which anchored a brass section of trumpets and trombones, and a woodwind section of saxophones and clarinets. Medium and fast tempo tunes were the predominant choices played in a lilting swing rhythm based on the eighth note triplet (see below). There is much rhythmic syncopation with the emphasis played on the off-beat (or upbeat) which had customarily been the weaker pulse in classical music. Soloists would improvise melodies over the chordal structure or *changes* of the written music. The verb *to swing* is also a term of praise for playing which has a strong rhythmic groove or drive. Legendary swing big band leader, Duke Ellington, put it very succinctly when he wrote the tune, *It Don't Mean A Thing If It Ain't Got That Swing*.

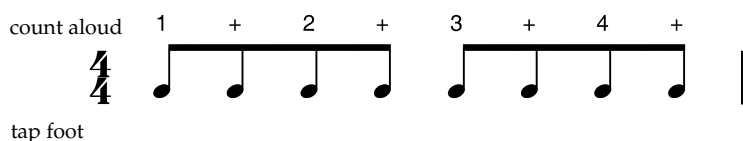
In addition to Duke Ellington, notable innovators include Chick Webb, Fletcher Henderson, Benny Goodman, Count Basie, Cab Calloway, Gene Krupa, the Dorsey Brothers, and Buddy Rich to name a few.

Practice the following rhythm patterns before playing *Swing Kings*:

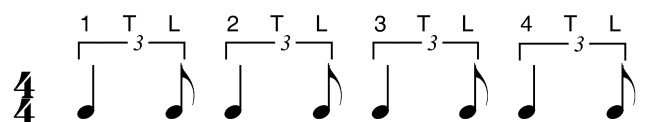
1. At the beginning of a swing band arrangement (or "chart") you will see this direction:

Swing 

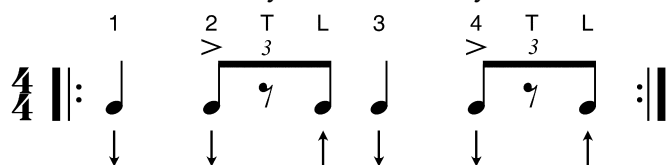
When this is written:

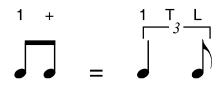
count aloud 

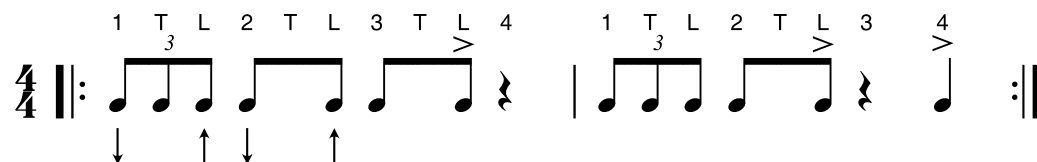
It is played like this:

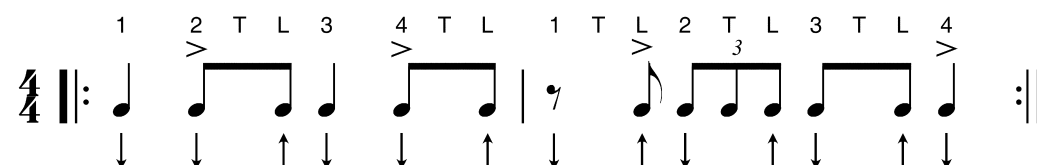


2. The drummer's ride cymbal beat/rhythm



Play these exercises in the swing style: 





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Grade 3  
duration 2:15

FULL SCORE

Player 1  
Hand clap Pat Thigh Pat Tummy Foot tap Whispered vocal syllable "Shup"

Player 2  
Hand clap Pat Thigh Pat Tummy Foot tap

Player 3  
Hand clap Pat Thigh Pat Tummy Foot tap Whispered vocal syllable "Shup"

KENDOR PRESENTS  
**Swing Kings**

by Murray Houllif

Swing jazz ♩ = 138 (♩ =  $\frac{1}{3}$ )

The musical score is written in 4/4 time with a tempo of 138 beats per minute. It features three players and a piano accompaniment. The piano part consists of three staves. The vocal part is represented by three staves for the players, with rhythmic patterns for clapping and tapping. The score includes dynamic markings such as *mp*, *mf*, *f*, and *sf*. Rehearsal marks 9 and 17 are present. The score includes various rhythmic patterns, including triplets and sixteenth notes.